

Tobey Pond Swim Lessons

Tuesdays & Thursdays beginning July 8, 2025

- **10:00 AM:** Level 1 – Introduction to Water Skills – Age 3+
- **10:35 AM:** Level 2 – Stroke Development – Age 5+
- **11:10 AM:** Level 3 – Stroke Refinement – Age 9+
- **11:45 AM:** Swimming & Skill Proficiency – Age 11+

If you need help determining the level of your child, please talk with head lifeguard Lydia Beers. We do ask that parents stay at the beach during swimming lessons.

Parents are also asked to sign the waiver in the log book at the beach.

Lessons are free of charge.