

## RECREATION COMMITTEE Zoom Conference Call, Norfolk, Connecticut

## MINUTES February 18, 2025 7:00 pm REGULAR MEETING

Present: Marc Crone, Chairman; Jill Hall, Tammy Barbagallo, Peter Crippen, Jess Bannerman

Meeting was called to order at 7:02 pm by Marc

Minutes of the January 21, 2025 meeting were approved: \*M/S/P: Jess/Marc/All, Peter abstained

Correspondence: None

## Sub-committee Reports

• Senior Exercise and Senior Yoga: Update is the same...Robin Centrella continues to lead Senior Exercise and Wendy Larsen conducts Yoga classes. Both are going well with consistent participation. Positive feedback received from participants in the program.

Pickle Ball: Indoors at Botelle for the winter months. Sign-ups are available to participate in the

pickle ball activities scheduled for WinWeekend - Feb 22-23.

## 2/3 Vote:

- Peter inquired to the group that since our census/participation of young athletes has dwindled for the programs we support; are there any other areas that the Rec Committee could focus on. A great brainstorming session ensued and it was discussed that Rec would look to other organizations in town to work in conjunction with to sponsor various activities.
  - o Suggestions: Trail Races, Tai Chi, Soccer Camps (local), CPR for 6th graders/young adults.
  - Organizations to reach out to: Great Mountain Forest, Norfolk Library (Teen Advisory Committee)
  - $\circ$  Everyone agreed that researching CPR for young adults would be the first item to work on as it used to be a program offered to  $6^{th}$  graders at Botelle.

Motion to adjourn: Peter/Jess/All

Adjourned at 7:20 pm

Next meeting: Tuesday, March 18 @ 7:00 pm

Respectfully submitted,

Ulan Cen

Marc Crone Chairman

Jill Hall Secretary

\*Motion/Seconded/Passed